



**TERME SNOVIK**

*Embraced by the nature*





*Dear partner,*

welcome to the highest altitude thermal spa, Terme Snovik.

Surrounded on one side by the Kamnik-Savinja Alps and on the other by beautiful forests and the pristine nature of the Tuhinjš Valley. Our greatest treasure is the healing thermal water, which the locals had discovered long ago. They used to frequent the naturally flowing water, often visiting the homestead "pri Kovaču," and even carried it home for drinking and washing. With outdoor and indoor thermal pools, situated on the edge of the forest, there are eight apartment houses with double rooms and apartments. The resort also features gardens, outdoor gym, playgrounds, and walking paths. Due to its natural surroundings and excellent location in the central part of Slovenia, Terme Snovik is an ideal tourist destination for families during holidays, and throughout the year. We pride ourselves on having the first Kneipp center in Slovenia, where we treat you based on the five key pillars established by the famous herbalist Sebastian Kneipp (water, movement, nutrition, herbs, balance).



WATER



EXERCISE



NUTRITION



PLANTS



BALANCE

# APARTMENT VILLAGE \*\*\*\* AT THE EDGE OF A FOREST

Terme Snovik is comprised of the reception building, restaurant, wellness center, and a pool complex with indoor and outdoor thermal pools, neighboured by eight apartment houses with accomodations offering soothing views of the lush, green valley and surrounding mountains. The eight apartment buildings offer guests 63 apartments and 31 double rooms. Due to their size, the apartments are particularly suitable for families, offering extra comfort.

UNIT	CAPACITY	SIZE	DESCRIPTION
Apartment A2	2 people	34 m2	Studio: living area with kitchen and bed, bathroom, terrace.
Apartment A4	2 + 2	45 m2	Living room with kitchen and pull-out sofa bed, bedroom, bathroom, terrace.
Apartment A5	2 + 3	45 m2	Living room with kitchen and pull-out sofa bed, bedroom with a double bed and an additional bed, bathroom, terrace.
Paradise Suite	2 + 2	70 m2	Bedroom, living room with kitchen and fireplace, bathroom with sauna and Jacuzzi.
Double room	2 people	24 m2	Bedroom, bathroom, balcony for supplement.



# ECO CAMP SNOVIK \*\*\*\*

NEW

Eco Camp Snovik, near the apartment complex, is nestled in the beautiful untouched nature. The excellent location of the camp, surrounded by forests next to a babbling stream, in the pleasant shade of trees, will ensure your perfect relaxation. The camp offers pitches for motorhomes and tents, with accompanying sanitary facilities and a laundry room, which are open every day of the year.

Camp provides connections for electricity, drinking thermal water, service station for emptying faeces and waste water, toilet facilities, shower facilities, free WIFI, common barbecue area, washer and dryer machine. Additional services for camp guests at Terme Snovik: swimming pools, saunas and wellness, daily guided water exercise in thermal pools, children's playground, children's animation, restaurant Potočka with delicious traditional dishes from Tuhinjska dolina and Kamnik, possibility of renting (electric) bicycles, outdoor fitness and trim track.

**Camp has 10 camper pitches and 20 tent pitches. Camp is open all year around.**





# BUSINESS EVENTS

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A **creative retreat into nature** - business meetings and teambuildings in nature. Every business meeting with business partners or a meeting of company employees needs a special inspiring environment and always a pinch of creativity.

We **offer**: • catering (business breakfast, coffee breaks, lunches and dinners, finger food, snacks) • technical equipment • different floor plans • live music entertainment • animation team • teambuilding programmes • Kneipp experiences • forest meditations • sound bathing with gongs • stay in apartment village 4\* • swimming in thermal pools • relaxation in Sauna world • local culinary experiences (cheese and beer tasting) • guided hikes and cycling tours • guided visit to Kamnik (medieval old city centre)

There are **4 event spaces** available: • Tuhinjka Hall, accommodating up to 150 guests, • event tent, accommodating up to 600 guests, • Hrast Seminar Room, accommodating up to 45 guests, • Bor Seminar Room, accommodating up to 30 guests.



# THERMAL WATER AND HYDROTHERAPY

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The water in Terme Snovik is recognized as a **natural medicinal remedy** and represents our greatest wealth. It contains calcium and magnesium as well as many other beneficial minerals. It is suitable for **bathing** and **drinking (water in entire resort is drinkable)**, and has a positive effect on **bones, skin, and digestion**.

The pool complex consists of indoor and outdoor pools. The water in the **indoor pool** is at a comfortable **32°C**, while the **massage pool** is at a relaxing **36°C**. The **outdoor pool** with slides, where the water temperature ranges **from 26 to 28°C**. Outdoor pools are open from mid June to mid September. Indoor pools are open all year, and there you will find numerous water hydrotherapies (waterfall, water mushroom, water curtain, geyser, massage bed, fast river, whirlpool, wall and floor water massages, and Kneipp water treatments). **Sauna world** includes Finnish, Turkish or Ice sauna.

## OPENING HOURS:

### Indoor pools

Daily from 09:00 a.m. to 08:00 p.m.

### Night swimming

Wednesday, Friday, Saturday  
from 08:00 p.m. to 10:00 p.m.

### Outdoor pools

(open mid June to mid September)

Every day from 9:00 a.m. to 8:00 p.m.

## Sauna World

### Summer opening times

Monday - Friday: from 05:00 pm

Saturday, Sunday, holidays:  
from 1:00 pm

### Winter opening times

Monday - Friday: from 01:00 pm

Saturday, Sunday, holidays:  
from 11:00 am





# WELLNESS AND SELFNESS

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We are living in times where stress and burnout are prevalent everywhere around us. We understand how important it is to find peace and inner balance. We offer various types of **wellness services** that guests can enjoy either as standalone treatments or combined into programs. You can choose from: • different types of massages, • sauna sessions in Finnish, Turkish, and ice sauna, • facial and body treatments, • aromatherapy, • Kneipp services and treatments for better well-being.

Reconnect with nature. Get to know yourself and refresh your mind. As an extension of the fifth Kneipp element - a **healthy lifestyle**, which according to Kneipp's philosophy connects all four elements (water, movement, nutrition, and herbs) into a whole for the **harmony of body and mind**, we have developed numerous treatments and experiences for our guests. Let yourself go and enjoy various experiences for a healthy mind and body: • Kneipp barefoot experiences, • forest experience with meditation, • relaxation programs in saunas, • sound baths, • breathing exercises.

**Beauty center** offers variation of services: • detox beauty care • anti-cellulite treatment • facial care • manicure • pedicure • depilation





# KNEIPP PHILOSOPHY AND EXPERIENCES

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**Sebastian Kneipp** (1821–1897), a German priest, hydrotherapist, and herbalist, established a system of five pillars for maintaining the health of the body and mind: water, herbs, movement, nutrition, and a healthy lifestyle. Having cured his tuberculosis in his youth by bathing in the cold Danube, he decided to devote his life to treating people naturally. Kneipp's philosophy of life is simple and suitable for everyone. At Terme Snovik, we have integrated all five pillars of Kneipp's philosophy into our existing offerings, which have been people and environmentally friendly from the very beginning. We continue the tradition of the Kneipp spa 'Kurhaus' in Kamnik, where they began very successful Kneipp therapies in 1891. Every day is Kneipp Day. **Every day, our guests can enjoy to Kneipp water treatments, morning exercises, and water aerobics.** Additionally, every week, we offer evening torch-lit walks to the thermal spring, **health strengthening workshops**, provide healthy snacks, and herbal tea for our guests.

**Kneipp services** are available in our wellness centre: • detox kneipp treatments • standalone kneipp services (hay wraps, water affusions, dry body peelings) • kneipp treatments (mix of kneipp services and massages) • kneipp barefoot paths • forest experiences • sound bathings

Kneipp

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# EXPERIENCE THE FOREST

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Discover **forest experiences** to find inner peace and escape the stress of everyday life. Spend more time in nature, in the forest, hug the trees, walk by the water, along the stream, hear the rustling of leaves and indulge in the natural sounds of birds singing and leaves rustling.

The workshops have many positive effects on a person's psycho-physical well-being. It improves the immune system, concentration and memory, cardiovascular and metabolic health, reduces anxiety, depression and anger, lowers the level of stress hormones, improves sleep and general well-being of the individual.

The more time we spend in nature, the more our awareness increases, everything happens more calmly and slowly and so connected, positively, as if we put on different glasses and discover a brand new world. We will achieve mental peace, clarity of thought and empathy.

**Forest experiences** are available upon reservation: • forest experience with meditation • sound bath in nature • forest yoga with sun salutation • exploring forest with children • forest creative workshop





# OUTDOOR ACTIVITIES

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Swimming and guided exercise are the right choice for relaxation and recreation. For exercises to be enjoyable and relaxing, we should adjust them to our abilities, needs, environment, and profession. There are many opportunities for **outdoor activities** here: **walks on marked hiking trails, cycling, and exercises on fitness equipment and 'trim trails'**. Walking on natural materials of Kneipp barefoot paths represents relaxation for the body and mind. We offer guests the opportunity to **rent Nordic walking poles and electric bicycles**.

## HIKING

There are a number of options, from the easiest paths, suitable for children, families, as well as for visitors who wish to see the beautiful surroundings without too much effort, to the serious mountain trails, in Kamniško Savinjske Alpe, that require experience and suitable equipment. We have 40 km of marked trails with starting point from Terme Snovik. Most visited trail is trail to Menina planina (which is similar to Velika planina). Take a relaxing walk on one of our 3 barefoot paths (the longest is 3,2 km).

## CYCLING

Mountain trails and road climbs are so tempting from late spring to fall that you will not be able to resist cycling. We have 10 cycling routes, of different lengths and complexity, which are the starting point of our Snovik Spa.



# POTOČKA RESTAURANT

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In the Potočka restaurant, where we prepare meals for apartment guests and daily visitors, we offer a selection of classic and local dishes. Our specialty is **tuhinj trout**, prepared in various ways. We also offer various seasonal local dishes. We grow some vegetables in the garden for preparing meals, and some are offered to guests who cook in the apartments.

We offer traditional dishes known to our region under brand “**Okusi Kamnika**” and dishes according to Kneipp philosophy.

## OPENING HOURS

\* from 7 am till 9 pm on Mondays, Tuesdays, Thursdays, Sundays

\* from 7 am till 10 pm on Wednesdays, Fridays and Saturdays.

À la carte	11.30 am - 9.00 pm
Breakfast	7.30 am - 10.00 am
Lunch	12.00 am - 3.00 pm
Buffet dinner	6.30 pm - 9.00 pm





# SUSTAINABILITY

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In 2008, we were the first to receive the Ecolabel certification for environmentally friendly operations according to the criteria of the European Commission, which relate to energy use, water consumption, fuel use, waste management, and environmental cooperation.



In 2015, we were awarded the "Slovenia Green Accommodation" title.



We use 100% renewable energy sources for our operations: biomass, solar collectors, and heat pumps.



To raise awareness of the importance of self-sufficiency and our own use, we grow our vegetable garden, herb garden, and mini orchard.



The furniture in the apartment settlement is traditionally crafted by local carpenters from ash wood.



By using a biological wastewater treatment plant, we return used water back into the environment.



Green mobility: for internal transportation and guest transport, we use electric vehicles, provide electric charging stations, and organize public local transportation from Ljubljana and Kamnik.



We collaborate with the local population in building sports and social infrastructure and conduct joint activities.

**Important reminders** for guests: • towels change every 3rd day • rooms are cleaned every 7th day (also with bed linnen change) • all windows must be closed for air conditioning and heating to work • electricity works only with key card inserted into electricity slot • we are strict about waste separation (appropriate waste bins in rooms) • we put lot of importance into water and energy saving



# ENTERTAINMENT

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Well-being is always associated with **relaxation and fun**. During the summer and holiday seasons, entertainment at the indoor and outdoor pools is aimed at couples and families, who are entertained by animation team and our mascot Palček Snoviček with their mischief. Throughout the year, we also provide programs for the entire family to participate in and connect. These include various workshops such as tea and soap making, preparation of various healthy dishes, torch-lit hikes, treasure hunts, visits to farms with homemade yogurt making. Anyone willing to find their happiness helps others find it too.



# SURROUNDINGS

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**The Tuhinjš Valley**, where our spa is located, offers a beautiful and quaint natural environment. The surrounding forests provide freshness in summer and a stunning landscape in winter.

In our immediate surroundings, you can also visit:

**Velika planina (16 km):**

An easily accessible plateau with a magnificent view of the Alps all the way to Ljubljana and Trieste. You can enjoy visiting traditional shepherd villages, observing the lives of shepherds and livestock, and trying typical mountain delicacies.

**Source of the Kamniška Bistrica River (14 km):**

An untouched natural environment with crystal clear spring water and a natural habitat for forest animals.

**Kamnik (9 km):**

The town is nestled in the embrace of the Kamnik-Savinja Alps and is considered one of the most beautiful medieval towns in Slovenia.

**Arboretum Volčji Potok (12 km):**

A flowering oasis in the heart of Slovenia, which showcases a new look every month of the year. The park blooms with over two million tulips every year. Enjoy a peaceful, quiet, and relaxing walk in the park.

**Healing grove Tunjice (11 km):**

With 10 healing points, it has scientifically proven healing effects on various physical and mental conditions. They also have their spring and a filling station for Living Water.

**Krvavec Ski Resort (26 km):**

The Krvavec Ski Resort is located on the outskirts of the Kamnik-Savinja Alps and offers 30 kilometers of groomed ski slopes, ranging from 1450 to 1971 meters above sea level.



# IMPORTANT INFORMATION

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## CHECK IN

Appartment village 4\*: season A and B at 14:00, season C at 15:00

Eco Kamp Snovik 4\*: all seasons at 13:00

## CHECK OUT

Appartment village 4\*: all seasons at 10:00

Eco Kamp Snovik 4\*: all seasons at 12:00

## WORKING HOURS

*Reception:* Monday, Tuesday, Thursday, Sunday 7:00 - 22:00

Wednesday, Friday, Saturday 7:00 - 23:00

*Restaurant Potočka:* 7:00 - 22:00

- breakfast 7:30 - 10:00
- lunch 12:00 - 15:00
- dinner 18:30 - 21:00

*Wellness:* 9:00 - 20:00

*Indoor pools*

Daily from 09:00 a.m. to 08:00 p.m.

Night swimming

Wednesday, Friday, Saturday

from 08:00 p.m. to 10:00 p.m.

*Outdoor pools*

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# RENOVATIONS

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RESTAURANT POTOČKA



TUHINJKA CONFERENCE HALL



SWIMMING POOL LOCKERS



KNEIPP PADIO



# COMING SOON

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Coming in 2026 - **Kneipp Natur hotel 4\* superior** with it's own restaurants and thermal pool (added also connection with thermal area)





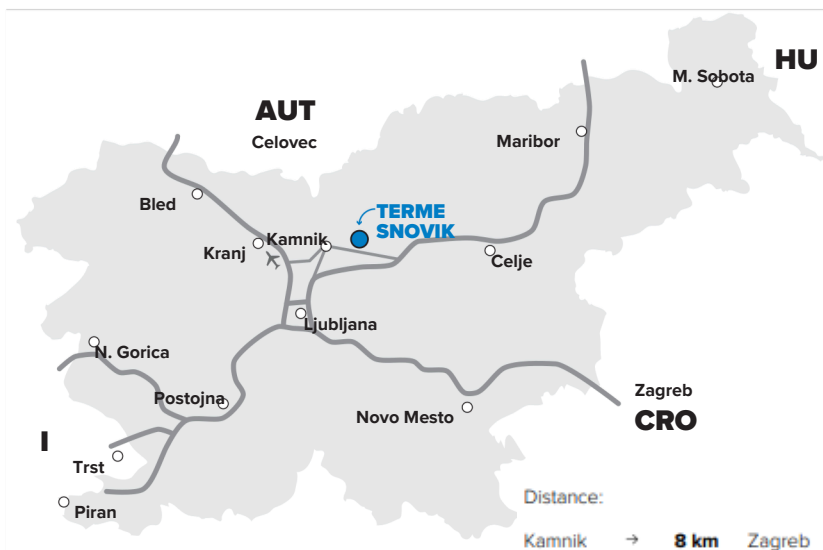
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GPS coordinates: 46° 13' 36.1308"  
N 14° 42' 15.4548" E



Distance:

Kamnik	→ 8 km	Zagreb	→ 165 km
Ljubljana	→ 25 km	München	→ 410 km
Klagenfurt	→ 90 km	Budapest	→ 430 km
Trieste	→ 130 km	Beograd	→ 555 km

